

ROTARY YOUTH EXCHANGE HOMEWORK ASSIGNMENT
(Courtesy of District 5190, Jon Greene; modified for District 5000 use)

THE EXCHANGE STUDENT SURVIVAL KIT by Bettina Hansel

INSTRUCTIONS:

- The answers for this assignment are to come from the book *The Exchange Student Survival Kit*.
- You are to work on your own on this assignment. **DO NOT ask your parents for help.**
- Make a copy of the completed assignment to bring to the second orientation (District Conference May 22-24, 2015, Hilton Waikoloa). Please also send a copy of your assignment to me (DCH, kawika4rotary@gmail.com) by May 15, 2015.
- Remember to put your name on the assignment (upper right top of each page).

Do not answer any of these questions until after you have finished reading the *Survival Kit*. When you have finished reading, take time to seriously consider the questions below and write essay responses that demonstrate your understanding of an exchange experience and why you want to go on exchange. Please take the time to use correct grammar and punctuation. When you have finished reading the *Survival Kit*, give it to your parents to read. You should discuss the book with your parents after you finish your homework assignment. We will be discussing your responses at the District Conference orientation session in May.

1. What are Red Flags? What do you do when you find a Red Flag?
2. Describe Cultural Baggage. What is some of your Cultural Baggage?
3. Please describe in your words the various Stages an exchange student can expect to experience.
4. Based on your understanding of Arrival Fatigue, what symptoms might you experience that would indicate to you that you are suffering from Arrival Fatigue and what you would do to help you through this time on your exchange?
5. Which do you think will be harder for you to deal with and why:
 - a. Culture Shock in your host country
 - b. Culture Shock with you return home
6. What aspects of American culture would you like to share with your host family and friends and how would you plan to share them?
7. How is language related to Culture Shock?
8. Although this question is not directly covered in the *Survival Kit*, based on what you have read, which student has the potential of having the greater culture shock, the student going to (in alphabetical order) France or Thailand, and why?
9. What was the most important thing that you learned from reading the *Survival Kit* and why?
10. After reading this book, why do you want to be an exchange student and what concerns do you have about going on exchange?
11. Was this homework assignment valuable to you? Why or Why Not?